



Flame

Ferrando Leading And Motivating Evangelizers

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My
ABILITY
IS STRONGER
than my
DISABILITY

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Editorial



EMBRACING UNIQUENESS AND GIFTEDNESS



In a world that often equates ability with conventional norms we must pause and reflect on the profound truth encapsulated in the phrase, "My Ability is Stronger than my Disability." This theme challenges us to rethink our perceptions and appreciate the unique perspectives that individuals with disabilities bring to society.

Disabled individuals often navigate a world designed without them in mind, transforming obstacles into opportunities for creativity and resilience. Their experiences cultivate a profound understanding of perseverance and adaptability. Each challenge faced is not merely a barrier but an impetus for innovative thinking and unique problem-solving abilities.

The notion that disability can be a gift is not new. The philosopher and writer Ralph Waldo Emerson once said, "Every man is a divinity in disguise, a god playing the fool." This reflects the idea that what society may deem as limitations can, in fact, be expressions of a deeper potential waiting to be recognized. Many individuals with disabilities possess extraordinary talents and insights, reminding us that diversity enriches our communities and drives progress.

However, this potential often remains obscured by societal stigma and misunderstanding. To foster an inclusive environment, it is crucial for society to cultivate an inclusive mindset. This means moving beyond mere tolerance towards genuine acceptance and celebration of differences. It is about recognizing that each individual, regardless of their challenges, has unique abilities that can contribute to the greater good.

Embracing an inclusive approach benefits everyone. It encourages innovation, enriches social dynamics, and cultivates empathy. By recognizing and valuing the abilities of disabled individuals, we create a more equitable society where everyone can thrive.

Let us shift our perspective. Instead of viewing disability through a perspective of pity, we should celebrate it as a unique form of ability. As we strive for a more inclusive world, let us remember that every individual has a gift to offer. Together, we can create a society that honours these gifts, fostering an environment where every voice is heard, and every ability is celebrated.

Sr. Theresi Zoremsangi



Provincial's Message

UNLEASHING THE POWER OF DISABILITY: CELEBRATING THE ABILITY TO EXCEL

People with disabilities are often viewed through a lens of limitations, but it's time to shift the focus to their remarkable abilities. Despite facing unique challenges, individuals with disabilities have consistently demonstrated exceptional talent, resilience, and determination. From trailblazing athletes like Tatyana McFadden and Oscar Pistorius, to innovative entrepreneurs like Richard Branson and Sara Blakely, people with disabilities are redefining what's possible. Their experiences and perspectives bring valuable diversity to various fields, driving innovation and progress. By embracing inclusive environments and accessible opportunities, we can unlock the full potential of individuals with disabilities.

Here are some inspiring examples of Indian personalities with disabilities who have excelled in their fields:

- * Helen Keller's Indian counterpart: Dipali Bhandari - Dipali is a blind and deaf individual who has learned to communicate through touch and has become an advocate for disability rights.
- * India's first blind IAS officer: Rajani Gopal - Rajani has broken barriers and inspired many with her determination and hard work.
- * Para-swimmer and Arjuna Award winner: Madhuri Sathe - Madhuri has won numerous medals and accolades for her swimming achievements despite being born with a disability.
- * Disability rights activist and author: Javed Abidi - Javed has been instrumental in advocating for disability rights and has written extensively on the subject.
- * India's first wheelchair-bound commercial pilot: Captain Niharika Thakur - Niharika has shattered glass ceilings and inspired many with her courage and resilience.
- * Renowned artist and polio survivor: Suresh Chandrashekhar - Suresh's artwork has been exhibited globally, and he has inspired many with his talent and determination.
- * First Indian to win the prestigious Henry Viscardi Achievement Award: Dr. Satendra Singh - Dr. Singh is a renowned disability rights activist and has worked tirelessly to promote accessibility and inclusion.

These individuals are shining examples of how people with disabilities can excel and achieve greatness with the right mind-set, support, and opportunities. Together, we can create a world where disability is not a limitation, but a catalyst for excellence. Let's remember, disability does not equal inability. Let's unleash the power of disability and celebrate the ability to excel.

Sr. Lisa Chettri



REFLECTION ON THE SERVICE TO THE DIFFERENTLY ABLED CARRIED OUT BY MSMHC IN THE LIGHT OF "COMPENDIUM OF THE SOCIAL DOCTRINE OF THE CHURCH"

Disability is the experience of any condition that makes it more difficult for a person to do certain activities or have equitable access within a given society. Disabilities may be cognitive, developmental, intellectual, mental, physical, sensory, or a combination of multiple factors. The first book of Scripture, tells us that God made human being in His own image and likeness (Gen 1:26-27), contain a fundamental teaching with regard to the identity and vocation of the human person. They tell us that the creation of man and woman is a free and gratuitous act of God; that man and woman, because they are free and intelligent, represent the "thou" created by God and that only in relationship with him can they discover and fulfil the authentic and complete meaning of their personal and social lives; that in their complementarities and reciprocity they are the image of the Trinitarian Love in the created universe; that to them, as the culmination of creation, the Creator has entrusted the task of ordering created nature according to his design (Gen 1:28). In the New Testament, Jesus encounters people whose minds or bodies work differently like people who are blind, deaf, dumb etc. Zaccheus, was described as a man "short in stature." Zaccheus was small, and for whatever reason, he was in a very unpopular profession. He risked ridicule by climbing up a tree to see Jesus. In the middle of the moving crowds, Jesus looked up and made eye contact. He saw Zaccheus, he didn't see through him. He didn't avoid him. Hence the news about Jesus spread everywhere and the big news in town was whose house does Jesus decide to go to? "Zaccheus, get down from there. I'd like to come to your house for dinner, is that okay?" The small man's life was changed. As Christians and consecrated persons we are called to lift up one another's life especially those in the peripheries of the society.

Church's View

The Church has received the mission of proclaiming and establishing among all peoples the Kingdom of Christ and of God, and she is, on earth, the seed and the beginning of that Kingdom. The Church that speaks these truths and internalizes them in its theology will be a Church which, to borrow Pope Francis' image, brings the exiles home. As Church, however, we are uniquely placed to speak truths on disability in the realm of everyday practice as well. We found that community life in particular has nourished the sense of participation and communion. Whether it be sharing Mass, a prayer or a dinner, we have been given the great gift of others with whom we walk together on the road -Synodal Church. We are all disability in one way or the other. Therefore we need to be in solidarity with everyone in the Church. We have lived with discrimination and marginalization and we are gifted with the opportunity to provide support to each other. In the disability community, we are all used to making up for the limitations of others and to supporting each other even when traditional support mechanisms - such as those of family and parish - break down.

The mission of the Church, it seems to us, must include this mutual support, not by telling people how things are going, but learning from the experience of disabled people and, following the way that Pope Francis has consistently pointed out, putting the most marginalized at the centre of its evangelization. After all, we are "us" not "them" and we are all partakers of the vulnerable and limited humanity which Christ has assumed sanctified. The handicapped child or people are always in the developmental process. They trustfully and perpetually rely on God and man for their existence and sustenance. Their life and situation, like the lives of people with abilities, are not as a matter of choice. Disability is their special endowment not of their choice but the will of he who thus created them. Not all disabilities originated from nature; any mishap can cause a person to develop a handicapped situation. An accident can make a person develop physical or cognitive disabilities. This focuses mainly on disability as a natural endowment through which God's handiwork is manifested. At creation, God gave man the singular gift which differentiates man from other animals. This endowment is man's likeness to God, the ability to know and choose between good and evil; and the "Will or liberty" too.

The Value of Human Rights

Human rights are to be defended not only individually but also as a whole: protecting them only partially would imply a kind of failure to recognize them. They correspond to the demands of human dignity and entail, in the first place, the fulfilment of the essential needs of the person in the material and spiritual spheres. These rights apply to every stage of life and to every political, social, economic and cultural situation. Together they form a single whole, directed unambiguously towards the promotion of every aspect of the good of both the person and society.

The integral promotion of every category of human rights is the true guarantee of full respect for each individual right.

MSMHC and Persons with Differently Abled

Bishop Ferrando by the inspiration of the Holy Spirit received the Charism and handed over to the members to be carried out and that is Missionary Evangelisation. So the specific charism of the congregation is Missionary Evangelization which is the proclamation of the Good News to those who have not heard it. It is Mission ad gentes followed by catechetical instruction. The Constitutions explicitly elaborate the original vision of our founder for the Congregation is inscribed in our specific Charism. The chief purpose for which our congregation was brought into existence was missionary apostolate. Hence the first and the most important activity of our congregation is missionary work which is intimately related to Catechesis. Missionary Sisters engaging in different forms of works of Charity is a striking thing that is clearly expressed in our founder's numerous writings, talks and in the early Constitutions. For him the greatest act of charity is sharing with others the precious gift of Christian faith. Missionary work is essentially a work of charity, and so the Sisters carry it out animated by great charity towards God and their neighbour, manifested in care of the sick, orphans, infants, widows, aged and care of the differently able as part of our charism.

One of the initiatives that Missionary Sisters carry out in accordance with the signs of the time is care for the differently abled persons. For those who are in need for treatment and care, respect for the dignity of the person, appreciation of the uniqueness though disabilities and treating them individually as a man or a woman, according to age and stage of development, taking into account their particular vulnerability with regard to both behaviour and communication, and treating them with respect, empathy and patience; supporting the person in their efforts to achieve an independent, well integrated life; taking into account the aspects of power and dependence in the person's relationships; awareness that concepts of normality and difference and of participation and exclusion depend on one's own perspective. All these aspects are being carried out in the centre.

Respect for individual

Missionary Sisters uphold every person his/her right to self-determination. Through their efforts and self-sacrifices, the sisters patiently deal with this type of persons. A person is capable of independent act in their capacity. The sisters impart them with values and convictions and help them find life worth-living through vocational skills. Love, accompaniment and proper treatment is very important in the care of these children. Using simple language, speaking slowly and clearly with eye contact at eye level, providing information in small portions; supporting their statements by repeating them in different variations and with gestures, pictures, pictograms are very essential in dealing with the. Medical measures that are applicable to each person is necessary. The sisters are doing excellent work for them with love and commitment.

Rehabilitation

The Missionary Sisters care for the children in rehabilitation centre especially those women, girls and children who are at risk. The sisters help and support them through schooling, vocational training and engaged them in various domestic works. They help to develop physical fitness, mental and social capacities and possibilities must be restored, developed and maintained as far as this is possible. The rehabilitation centre is with specific training and experience. The sisters also help them discover their potentials and various skills to enhance their livelihood. They also perform regular reassessment with standardized evaluation of the bio psychosocial situation. All these help them to have new outlook of life facilitating effectiveness and add meaning to their lives as human person. Through these works of charity the Missionary Sisters are proclaiming Christ in the world.

Conclusion

All of us, as the Apostle Paul would say, hold the treasure of life in earthen vessels (2Cor 4:7). The International Day of Persons with Disabilities invites us to recognize that our frailty in no way obscures "the light of the Gospel of the glory of Christ," but instead reveals that "its extraordinary power belongs to God and does not come from us" (2Cor 4:4,7). All of us are called to offer others explicit witness to the saving love of the Lord, who despite our imperfections offers us his closeness, his word and his strength, and gives meaning to our lives. A better awareness of our need for one another can help us to have less hostile relationships with those around us. We also need to be mindful of the suffering of all those women and men with disabilities who live in the midst of war, or have been themselves disabled as a result of warfare. They need to be given special attention and their access to humanitarian aid facilitated in every possible way.

Sr. Genevieve Mallai, Umroi

EMPOWERING VOICES: INSPIRING STORIES AND UPDATES FROM CENTERS OF PERSONS WITH DISABILITIES

Wedding of Blind Couple Blessed

Mr. Gabriel Nongrum from Umskuin, Nongpoh and Angel Nanita Holoi from Assam received the Sacrament of Matrimony in the Assumption Church, Nongpoh on 9 February, 2024. The uniqueness of this wedding is that both of them are blind. In spite of their being blind, both of them are educated and have a job in Bangalore to sustain themselves. Fr. James Mani from Bosco Pnar, Jaintia Hills blessed their marriage and Fr. Peter Syiemlieh, Parish priest concelebrated the Mass. It was a touching event and the newlyweds had many people to congratulate them. The reception was organized in the groom's house at Umskuin, in the outskirts of Nongpoh town.



Sr. Pasqualina Sumer, Nongpoh

FSHC Students Won 2nd Position in Arm Wrestling Competition

Novenius Roiky Dhkar and Asilda Thabah, students of Ferrando Speech and Hearing Centre, Umiam won 2nd Position in the Arm-wrestling competition held in Shillong on 5 April 2024. They were selected to represent Meghalaya at the national level arm wrestling competition which will be held in the month of June in Nagpur. Two more participants, Bantei Warlarpih, Phibakordor Mynsong and Skembor Mawlong took the 3rd Position. There were 9 boys and 5 girls who participated in this competition. The competition served as a platform for students to showcase their organizational skills, teamwork and dedication. The event not only provided a platform for healthy competition but also highlighted the importance sports play in the holistic development of the individual. The success of this event reflects the commitment of the Ferrando Speech and Hearing Centre to fostering a well-rounded and active community.

Sr. Queentina Taropi, Barapani



World Tobacco Day Observation

On 7 May 2024 Ferrando Speech and Hearing Centre, Umiam observed the World Tobacco Day and organized a rally on this theme. The rally was marched out in two categories: Junior and Senior classes. The event was attended by teachers, students and members of the local communities. The basic objectives of marching out the rally were to raising awareness to the public about the harmful effects of tobacco on health. It aimed at preventing young people from the use of tobacco. The observance of the event was meaningful and impactful. Through this rally the Centre



contributed significantly to the global fight against tobacco. The event underscored the continued efforts of education in the prevention of the use of tobacco among young people and support to reduce the burden of tobacco on public health.

Sr. Luizamoni Rabha, Umiam

Tailoring Course Launched for Differently-abled Women

The Ferrando Speech and Hearing Centre, Umiam in collaboration with the Social Welfare Department launched a significant initiative to empower young women with disabilities by providing them vocational training in tailoring. The main aim of this initiative is to enhance economic empowerment, social inclusion and personal growth of an individual. For this training the community identified five young girls from the disabled category hailing from different places: Baleisha Syngkli, Deitilisha Nongkynrieh, Therisa Nongrum, Waktila Rympeit and Jecikasyiem. The inauguration session began with a short ceremony in the presence of Sr. Maya Poshna, the Director and the Vice Provincial, Sr. Sushma Soy, Sr. Lily Nonglang and Miss Pronita Nongbri the staff of the school.

Sr. Maya Pohshna, Umiam



Students of FSHC Shine Bright with Outstanding SSLC Exam Result

Ferrando Speech and Hearing Centre, Barapani produced excellent results in SSLC Examination 2024. Despite their physical challenges these children prove that disability cannot stop them from excelling in their academic life and thus they are inspiration for the whole world. Syrpailin Wahlang and Silbinus Kharpan have achieved outstanding success in their SSLC examination 2024. Syrpailin Wahlang with a hearing impairment has demonstrated exceptional aptitude in Mathematics. She scored 84% in the subject. She not only has mastery over the subject but also an extraordinary level of understanding and problem-solving ability. Her success is the outcome of her hard work and determination. She breaks a record in the history of the deaf community through her excellent



achievement. Silbinus Kharpan has letter marks in Maths and Health Education. He scored 84% in Maths and 80% in Health Education. The centre has played a crucial role in the achievement of these students. It provides them with necessary teaching methods, personal attention and resources that cater to the unique need of the students with hearing impairment. Here the dedication of the Sisters and the staff is commendable. They have been instrumental in enabling Syrpailin Wahlang and Silbinus Kharpan to reach their full potential. These accomplishments are an inspiration to the entire deaf community to strive for the excellence despite many challenges.

Sr. Arda Rynthathiang, Umiam

Students of FSHC Won Silver Medal in Arm-wrestling

Students with hearing impairment, Novenius Roiky Dkhar and Aisilda Thabah of Ferrando Speech and Hearing Centre, Barapani who were selected to represent the state of Meghalaya at Nagpur for national level competition from 6 to 10 June 2024 in arm-wrestling brought laurels to the State and the school. They gloriously brought home Silver Medals in their respective categories showcasing their skill in sports. Novenius demonstrated exceptional strength and strategy, overcoming several formidable opponents to reach the final match. His technique and endurance were the key factors that contributed to his success in securing the silver medal. Aisilda's journey to the finals was marked by her impressive ability to counter her opponents' moves with precision. Her determination and tactical skills were evident throughout the competition, earning her the well-deserved silver medal for right and left hand. The performances of Novenius Roiky Dkhar and Aisilda Thabah at Nagpur arm wrestling competition have earned them well-deserved recognition and awards. Their silver medal victories in left- and right-hand arm wrestling respectively are a testament to their hard work and determination despite their physical challenges. Their achievement has brought glory to Ferrando Speech and Hearing Centre.



Sr. Joicy Thomas, Umiam

Hearing Aids Fitness cum Assessment of Hearing

A two-day Hearing Aids Fitness cum assessment of hearing new cases was organized at Ferrando Rehabilitation Centre, Nandannagar on 19 and 20 June 2024 in collaboration with AYJNISHD (D) Regional Centre, Bhubaneswar, Under DEPwDs, Ministry of Social Justice Empowerment, Govt. of India. Dr. Lanu Wanboy, an Audiologist and Dr. Sujoy Makar, an Audiologist from AYJ Hospital with the assistance of Sr. Cecilia Gualnam screened about 200 hearing impaired both children and adult and distributed about 150 Hearing Aids. The events were solemnized with the presence of Shri. Sudip Roy Barman, MLA, Agartala Constituency and Shri. Bikash Pradhan, the Asst. Commandant of Assam Rifles, Agartala. They appreciated the noble work being carried out by the Ferrando Institute which has become the beacon of hope for the less privileged section of the society, particularly, the hearing impaired persons. The center has helped them to live with dignity.

Sr. Cecilia Gualnam, Nandannagar



Vision and Hearing Screening for Students in Schools

Vision Screening and Hearing Screening for students were conducted at Monfort School, Champaknagar and St. Arnold School, Ambassa, by Ferrando Rehabilitation Society for Disabled, Nandannagar in collaboration with AYJ Institute, Bhubaneswar on 21 and 22 June 2024. Total number of students screened for both ear and vision were 1500. The purpose of screening is to assess whether children have progressive loss of hearing, inflected hearing loss later or to examine whether they were previously screened or identified. Periodic eye screening of all children was also done which helps early identification of visual defects and correction of refractive errors by prescription or use of corrective spectacles. Few students with hearing loss were given hearing aids while students with refractive errors were given prescriptions with an advice to wear the spectacles regularly to avoid the further loss of vision.



Sr. Cecilia Gualnam, Nandannagar

PRECIOUS ONES OF GOD

God saw everything that He had made
And indeed, it was very good.

Able! Able! Differently able
Where I can see the happiness within
The way you see things positively
It makes you to think very differently.

Wow! Wow! Beautiful gift to the world
You are incredible, you are amazing
You are precious in God's sight.

There is God who nurture you
With love, care and concern;
To give you a bright future
To show to the world that
You are unique, creative and intelligent.

Novice Rebeka B. Sangma



Annual Sobha at Jongkol

The Annual Sobha of Fatima Rani Church, Baghmara was a time of renewal for the faithful as a good number of them were initiated to the Church through the reception of the Sacraments. The Sobha was conducted at Jongkol. The faithful had six days of preparation for the Sobha which was followed by a three-day fruitful Sobha. The preparation began on 22 January 2024. Intensive training on the Sacraments: matrimony, confirmation and First Communion were organized from 22 to 26 January. Sr. Sepola Marak, Sr. Leena Ch Marak, Sr. Jentilla Rongrin, Fr. Krebith T. Sangma and the Catechist gave instructions to the couples for the reception of the sacrament of matrimony. Sr. Fridina B.



Sangma and the youth prepared the children for their First Communion and Confirmation. The catechumens actively participated in the sessions. The Sobha was inaugurated on 26 January 2024. The Chief Guest of the day and the main celebrant was Fr. Hubert T. Sangma. He gave a session on the Importance of Family Prayer. The sessions on 27 January 2024 was animated by various other resource persons on the Gospel of Mathew 6:9-13, the Teachings of the Catholic Church, the Role of Mother Mary, Family Life and the Importance of Sunday School. On the last day, the Holy Mass was solemnized by Rev. Fr. John Thomas along with Fr. Krebith T. Sangma, the Parish Priest and Fr. Thomas Silsrang, the Assistant Parish Priest. The faithful sacrificed much of their comfort to participate in the programme and they benefited much from it.

Sr. Fridina B. Sangma, Baghmara

Teachers Retreat at Don Bosco School, Udaipur Inspires Reflection and Growth



Teachers of Don Bosco School, Udaipur gathered for a transformative retreat on 2 February 2024. The session was led by Fr. Joe Paul CSC, Administrator and Vice Principal, Holy Cross College, Agartala. This event aimed at rejuvenating the educators' spirit and to reflect their personal growth. Fr. Joe Paul opened the retreat with a popular story, "The Four Wives" to draw their attention on the importance of their inner soul. This helped them to reflect, evaluate and learn. There were also reflective sessions which encourage the participants to engage deeply with two essential questions: What am I good at? And What others are

good at? These discussions allowed teachers to acknowledge their individual strengths while appreciating the diverse talents of their colleagues. The collaborative environment promoted positivity and mutual support, empowering educators to share personal insights and experiences. This helped them to build stronger connections among the staff. They were also reminded that students are like wet cement in their hands that can be shaped and moulded accordingly. The teachers expressed their gratitude for the insights they received which helps them to be emotionally balanced.

Sr. Elizabeth Phaomei, Udaipur



“Concentrate on the abilities your disability doesn't hinder and don't dwell on the things it interferes with. Be disabled physically, not in spirit.”

- Stephen Hawking

Awareness Program on Drug Abuse, Crime and Accident

Don Bosco School, Udaipur organized an Awareness program for the students on 16 March 2024 in collaboration with the Tripura Police Department on the topic "Awareness program on drug abuse, crime against women, cyber-crimes and road traffic accident". The program was organized by the 5th BN.TSR (IR-I) Bagma, Amarpur with Sir Pintu Paul, Tripura Police Inspector. Around 80 selected students attended the program from 4 pm to 5 pm. The program was very beneficial for the students.



Sr. Elizabeth Phaomei, Udaipur

Post X General Chapter Animation

Garo Hills Region



The Post General Chapter Animation of Garo Hills Region was held on 6th April 2024 at St. Stephen's Convent, Matchakolgre. The day began with the solemn celebration of the Holy Eucharist by Most Rev. Andrew R. Marak, the Bishop of Tura. At 9.00 am, the sisters gathered in the hall for the animation. Sr. Bridget Diengdoh, the General Councillor for Evangelization and Sr. Lisa Chettri, the Provincial Superior animated the sisters. Sr. Shiji James, the Provincial Councillor for Education and Superior of St. Stephen's Convent warmly welcomed Sr. Bridget Diengdoh and Sr. Provincial with the Garo Traditional attire. The

boarders welcomed the gathering with their melodious welcome song after which the sisters got into serious discussion on Chapter documents and policies. After every session, the sisters were given time to reflect, share and interact with one another. The policies of the 10th General Chapter were clearly explained to the Sisters. There were 54 participants from all the communities of Garo Hills. The animation ended at 7.30 pm and after dinner the sisters left for their respective communities.

Sr. Wandaris Lyngkhoi, Ganol

Guwahati Region

Communities of Guwahati region had Post General Chapter animation with the theme, "*Creative Fidelity to our Spirit and Charism: Challenges and Response*," at the Ferrando Provincial House, Guwahati on 4 May 2024. The programme began at 8.45 am with a brief inaugural ceremony led by Sr. Veronica Lalthanmawii, the Provincial Secretary who welcomed the gathering to the programme. Sr. Brigit Diengdoh, the General Councillor for



Evangelization and Sr. Lisa Chettri, the Provincial Superior were warmly welcomed with the Assamese Gamocha. Sr. Nadasilian Wahlang and Sr. Monica Lakra led the inaugural prayer invoking the assistance of the Holy Spirit. There were 64 participants from all the communities of Guwahati Region along with two sisters from Bangalore province and one sister from Shillong province who joined the animation.

The inputs and policies of the 10th General Chapter shared by Sr. Bridget Diengdoh, and Sr. Lisa Chettri furnished every aspect of MSMHC way of life, Charism, Spirit and Spirituality. The enriching sessions enabled the participants to revisit, study, discuss, reflect and share in-depth the policies of the tenth General Chapter as they engaged in a dynamic group discussion on various topics based on the life and apostolic activities of the Congregation. Discussions on relevant topics such as media education which includes responsible use of the means of communication, impact of AI, emphasis on Preventive system and global expansion made the animation unique and special. The sessions also provided platform for the sisters to share their perspectives, experiences and ideas on how to balance the Charism and tradition with the progressive society in the context of their ministry. The animation ended on 5 May 2024 at 3.30 pm. It was an enriching gathering which was benefited by all the participants.

Sr. Veronica Lalthanmawii, Provincial House

Ri-Bhoi Region

The Post X General Chapter animation for RI-Bhoi region was held on 13th - 14th April 2024 at Ferrando Welfare and Training Centre, Nongrah Umroi. Sr. Bridget Diengdoh, the General Councilor for Evangelization and Sr. Lisa Chettri, the Provincial Superior animated the program. There were around 35 sisters from different communities who attended the animation. The program began at 9.00 am with prayer and welcome to all the participants organized by the community of Umroi. The sessions were on different topics such as: The consecrated life and mission, Charism, spirit, spirituality and Traditions, Constitutions, General Chapter Polies and Group discussions. The animation was concluded in the evening the following day. It was an enriching programme for all the participants.



Sr. Genevieve Mallai, Umroi

Tripura Region



The Post- General Chapter Animation of Tripura Region was held from 20 to 22 April 2024 at Ferrando Nivas, Udaipur. Sr. Brigit Diengdoh, the General Councillor for Evangelization and Sr. Lisa Chettri, the Provincial Superior animated the sisters. The sisters arrived around 4:00 pm and they were warmly welcomed by the sisters of Udaipur community with a melodious song, risa and flowers. The inaugural function began at 5.30 pm where Sr. Sarita Lakra, the Superior of St. Mary's Convent, Champaknagar welcomed the

gathering which was followed by lighting of the lamp. The sisters from Champaknagar community invoked God's gracious presence through a short prayer, reading of the Word of God and hymn to the Holy Spirit. Around 20 sisters from the four communities participated in the animation. There were group discussions and sharing of concerns and challenges faced by the sisters in their respective mission. The sisters were given ample time to share and suggest ways to improve the various apostolates according to the signs of the times, at the same time adhering to the Founding Spirit and Charism of the congregation. The two-day animation was a time to introspect our fidelity to our consecrated life and mission. It also called for renewal of what the pioneers had done, to have a blue-sky thinking on how to revamp our system and method and to take courageous steps in responding to the present challenges we face daily. The animation got over on 22 April by lunch. It was a successful meeting.

Sr. Queency Mary Kurbah, Udaipur

Faith-based Programme for Youth

Youth programme was organized at Fatima Rani Church, Baghmara on 4 and 5 May 2024. Around 60 youth attended the programme. The programme began at 3.00 pm with the Holy Eucharist presided over by Rev Fr. Thomas Silsrang Ch. Sangma, Assistant Parish Priest. The Holy Eucharist was followed by praise and worship conducted by the youth leaders. After some moments of prayers Fr. Thomas Silsrang spoke on the topic, "Life of the youth is so precious." On 5 May the session was conducted by Sr. Fridina B Sangma on "The importance of youth and their responsibilities." The programme was concluded with the Holy Mass where the youth renewed their promise to be bearers of the Word of God as youth wherever they go. It was a fruitful programme.



Sr. Fridina B. Sangma, Baghmara

New Superiors Meet

The newly appointed superiors had a meeting on the online platform on 7 May 2024 at 6.00 pm. Sr. Lisa Chettri, the Provincial Superior organized the meeting explaining the roles and responsibilities of the animators in the communities. In order to explain their roles, she gave a clear definition of the word, "animator" tracing it from its etymology "anima", a Latin word which means soul, life. She said that the superior has to be for the community what the soul is for any living being. The soul does mainly three things for the living organism: it gives i) identity; ii) unity and iii) dynamism (life). Like the soul, the superior has to give identity, unity and life to the community and its members.

Sr. Lisa Chettri highlighted the Code of Canon Law, article no. 618 which states that superiors receive their authority from God and "This authority is to be exercised in a spirit of service and humility. They are to be docile to the will of God, consider their members as children of God, promote voluntary obedience by their reverence for the human person, listen willingly to the members, be open to their insights and opinions and foster their cooperation and collaboration for the good of the institute and of the Church." Superiors have personal responsibility towards each member. She is the steward of the spirit, charism and spirituality of the congregation and of the vision/mission of the community. The Provincial Superior also explains the service of the animators from the Constitutions and Regulations of the MSMHC. She also exhorted them to value and uphold their members in spite of their differences for the common good of all. She also said that temperamental differences can enhance the beauty of the mosaic. She ended with a quote: "Think well of all, speak well of all, do good to all," which could be a programme of action for promoting unity in the community.

Sr. Lucia Suting, Dalu



Couples Rectified their Marriage

The missionary apostolate of Sr. Theresa Shadap, Sr. Melita Mary Diengdoh and the Parish Catechists at Umsohlait reaped a good harvest bringing blessings to the faithful of the parish. From the month of March to June 2024 there were 27 pairs of couples whose marriage were rectified. There was three days spiritual preparation prior to their rectification of marriage in their respective villages.

Sr. Teresa Shadap, Umsohlait



Blessed to Receive First Holy Communion

The children of Umsohlait parish were prepared for the reception of their First Holy Communion by Sr. Theresa Shadap, Sr. Melita Mary Diengdoh, Novice Lanes Klein and the Parish catechists from the month of February to March 2024. There was four days preparation in their respective sub districts. During these three months there were 416 catechumens who received their First Holy Communion. The enthusiasm and hardwork of the sisters is rewarded with blessings on the Parish. It was indeed a great joy for the children who received Jesus for the first time in their lives.

Sr. Teresa Shadap, Umsohlait

Eucharistic Procession Unites People in Faith

In a vibrant display of faith and community spirit, the annual The Eucharistic procession of Nongpoh parish was held at Umtasor Village, sub-district Nongkhras on 14 April 2024 drawing hundreds of faithful from across the Parish. On this day there were 300 children who received their First Holy Communion during the Holy Eucharist presided over by Fr. Raphael Maiong with other 7 priests who concelebrated the Mass. These children were prepared by the Sisters days before the procession. After the procession Fr. Raphael Maiong made a special prayer for the children and for all those who are in need of deliverance from the bondages of sin and evil practices. The faithful participated with fervour, devotion and love which brought down lots of favours from the Eucharistic Lord. They reaffirmed their faith and connection to God and one another. The day was concluded with a heartfelt benediction, leaving the congregation inspired and invigorated. The Eucharistic procession not only celebrated their faith but also fostered a sense of belonging, reminding everyone of the strength found in community and shared beliefs. Sr. Crecentia Kujur, Sr. Rubila Dkhar and Sr. Patrisha Thongni prepared the place on the previous day of the procession which enabled the smooth running of the programme.



Sr. Patrisha Thongni, Nongpoh

Students of St. John's Secondary School Participated at Athletic Meet



It was a proud moment for the students of St. John's Secondary to participate in the Inter School Athletic Meet-2024 organized by the Tura Sports Office held on 30th April to 1st May 2024. The selected students gave the best of their physical abilities and participated whole heartedly so as to achieve the maximum. The students received 5 gold medals, 10 Silver and 2 Bronze medals for their achievements. Wanchiang K Marak, a student of Class IX was awarded the best Athlete and the Under 14 Boys Champion of the Athlete Meet. Seven of them were selected to participate in the State Level Inter-School Athletic Meet held in Shillong and Wanchiang K Marak again won the Gold Medal. The students possess lots of potentials in them and they gave their best when opportunities are offered to them.

Sr. Wandaris Lyngkhai, Dengagre

International Workers Day Observed

On the occasion of International Workers Day, the community of Ferrando Provincial House, Guwahati organized a special celebration to honour the contributions of the supporting Staff, Mr. Dinesh Mochahary, Mr. Joyanto Daimary, Miss Silbina, Miss Premika, Miss Selina, Miss Diviya and Miss Krishma. The day began with the Holy Mass presided over by Fr. Joy Kachapilly, Rector of Don Bosco University, Azara. He prayed for their well-being and families of all these workers during the Mass. In his homily, Fr. Joy emphasized the dignity of labour and the importance of recognizing the efforts of every individual who contributes to society through their work. The Sisters and Novices greeted them with festal song and a gift was presented to each of them by Sr. Mary Jacob, the Superior as a token of love and gratitude for their generous service for the community. There was an organized Holy Rosary in the evening conducted by the Novices in honour of these domestic staff.



Sr. Veronica Lalthanmawii, Provincial House



Students Won Silver and Bronze Medal

Students of Ferrando Higher Secondary School, Umroi brought laurels to the school at the RiBhoi district level sports competition, Nongpoh. Arbakani Sumer was awarded silver medal in shot-put and Ibadalis Kharmawlong won bronze medal for javelin throw. The event was held from 9 to 11 May 2024. Thirty five students from the school participated at the event.

Sr. Therese Sympli, Umroi

Students Received First Holy Communion and Confirmation

In preparation for the Parish Day, the community of Fernando Convent was blessed to prepare 30 students from the school for the First Holy Communion and 16 students for Confirmation. The training of the children for the reception of the Sacraments was done by the sisters, Sr. Severine N Sangma, Sr. Alphonsa M Sangma and Sr. Purnima Islary. The aspirants who were waiting for the result took active participation in teaching the children prayers and songs. The children after a month of preparation received the Lord for the first time in their lives on the 19 May 2024 at Damagre village and 16 students received the Sacrament of Confirmation on the 26 May 2024 in the Parish.

Sr. Merabilis Kurkalang, Dengagre



“We all have weaknesses or disabilities that undermine our belief and confidence in our abilities. Embrace them as opportunities to grow.”

– Aimee Mullins

Rally for World No Tobacco Day

Rally for World No Tobacco Day was organized by the school under Bhoirymbong block on 15 May 2024 at 11 am in Umroi. The students from class IV to XII participated actively in the rally. Prior to this much preparation was done by the students under the guidance of Sir Dominic Kharshiing and Miss Silverine Jyrwa. The members of the village council made an encouraging presence during the rally. The students displayed their placards, shouted slogans and also presented a short skit on the theme. Their enthusiasm and hardwork was paid off with two trophies. The school was awarded second prize in the Higher Secondary Section and third prize in the secondary section.

Sr. Shalima Kujur, Umroi



Devout Month: Honouring the Blessed Mother

The community of St. John's Convent, Ganol journeyed along with Our Heavenly Mother, the Help of Christians in a very devoted way throughout the month of May. Every day, the sisters moved from house to house, family to family in order to pray the Holy Rosary along with the people with the people of the area. It was indeed days of blessing for the sisters and for the people. On 24 May, the sisters invited the people to pray the Rosary in the Convent. The whole afternoon was raining heavily with thunderstorms and the sisters were little worried that people might not turn up, but Our Blessed Mother was there. The rain stopped just before the fixed time and so a good number of the faithful came for the Holy Rosary. The Holy Rosary was well organized by the sisters and Boarders with a short cultural programme and talk on Mother Mary by Sr. Jacinta Lakra. It was indeed a blessed month.



Sr. Wandaris Lyngkhohi, Ganol

Celebration of the Feast of Mary Help of Christians with Community Spirit

Resurrection Convent, Sonaighuli was abuzz with joy and reverence as it celebrated the feast of Mary Help of Christians on 24 May 2024. This event which honours Mary's role as protector and guide brought together residents from neighbouring communities in vibrant display of faith and unity. On this blessed event, the neighbouring communities of priests, brothers, candidates and seminarians of the parish and the CST Brothers were invited to join the celebration. There were around 250 people who were present for the event. There was an organized prayer service in honour of Mary Help of Christians. Following the exhortation of Bishop Ferrando, the community celebrated this day with gratitude, love and devotion. The celebration of the feast served as a powerful reminder of the strength found in community, prayer and shared beliefs, leaving the participants inspired and uplifted.

Sr. Mary Sebastian, Sonaighuli

Feast of Mary Help of Christians and Family Jingiaseng

As per the tradition of the Community, St. Stephen's Convent Nongpoh, organized a solemn Annual Marian Jingiaseng in the convent on the Feast of Mary Help of Christians, 24 May 2024. The Priests of the parish and faithful of the Parish were invited for the celebration. It was a great moment for the Sisters to witness the faithful praying to the Blessed Mother with devotion and love at the community grotto. The Holy Rosary was conducted meaningfully by the Sisters along with the boarders. Each mystery taken from the Holy Bible was enacted devoutly by the Boarders which made the Rosary prayers very meaningful. Sr. Patricia Thongni delivered a talk on the role of Mother Mary in the lives of the faithful. After the prayers, in honour of our Bl. Mother, a short entertainment programme was presented by boarders, both the boys and girls and the YAC members. The prayers and the programme were truly inspiring for all present. The blessed day was concluded with a fellowship meal served for all present.



On this same day, 14 boarding girls were initiated to YAC/ SAC during the Holy Eucharist celebrated by Fr. Sawlus Kharpran, the Assistant Parish Priest. Fr. Sawlus specially prayed for them and gave them his priestly blessings. After the Holy Mass the Sisters congratulated them for their willingness to join the YAC/SAC movements. They encouraged them to give their best in their missionary activities.

Sr. Patricia Thongni, Nongpoh



Faith Formation Camp

Don Bosco School, Udaipur organized its first ever summer camp, "Filii Dei" (Children of God) on 25 May 2024. There were fifty-five students who participated with enthusiasm in the event. The main purpose of the camp was to give faith formation to the Christian students of the school. It was a new initiative of the school in response to the exhortation of GC X of strengthening the missionary apostolate of the community. Thus, the event focused on imparting gospel values and character formation to the students.



Sr. Tessy Joseph, the Superior of the community, Sr. Queency Mary Kurbah and Sr. Elizabeth Phaomei organized the event with the theme, "One in Christ" (Galatians 3:28). The event opened an opportunity for the students to come together as children of God, to become familiar with each other, to build a stronger bond among them in spite of their being from different Christian denominations and to strengthen their faith in Christ. Rev. Fr. Sunny Joseph, the Parish Priest

inaugurated the programme. The inaugural function consisted of a solemn procession of the Word of God, lighting of the lamps and reading of the Word of God, followed by prayer dance by the hostellers.

The resource persons, Rev Fr. Sunny Joseph, Rev. Fr. Balan and Mr. Yudhister Jamatia gave inspiring and motivating talks on faith, prayer and addictions. Talks based on the Bible were given by the sisters of the community. Sr. Queeny Mary Kurbah had a separate animation for 16 Catholic students who are to be enrolled in YAC. Many enriching activities, competitions and games mainly on community building and gospel values were also organized. Dance and sing songs were part of the event to add liveliness and joy to the young.

The entire community members were actively involved for the success of the programme. With the cooperation of the parents and students the event was a great success. Many students expressed that it was the best camp they have ever attended. They look forward for the next "Winter Camp" to be held in the coming days.

Sr. Elizabeth Phaomei, Ferrando Nivas, Udaipur

Nongkhrach Celebrates Joyous Marian Procession and First Holy Communion

A solemn Marian procession was held on May 26, 2024 in Nongkhrach village, Nongpoh Sub district. On this same day 100 children received their First Holy Communion, adding to the significance of the day's celebrations. Out of 100 children, 50 children were catechized by Sr. Agnes Saio and Sr. Rubella Dhar from 13 to 21 May 2024.

On this joyous day the Church was filled with an air of reverence and love. The event commenced with morning prayers psalms and canticles sung by the St. Luke Choirs at 9:30 am which was followed by the Holy Mass celebrated by Rev. Father Johnny Epen SDB co-celebrated by Fr. Peter Syiemlieh, the Parish priest, and Fr. Kennedy Kharkongor from Don Bosco Nonglakhiat, creating a spiritually uplifting atmosphere for all faithful. After the Holy Mass the Marian procession was organized starting from Pahamjri village and culminating at the village church. Throughout the procession, the faithful fervently prayed the Holy rosary, displaying a deep devotion to Mother Mary. The statue of Mother Mary, beautifully adorned with decorations for the occasion was carried throughout the procession by the leaders of the village church, symbolizing their reverence and honour to Mother Mary. The procession was a vivid tapestry of devotion as the faithful walked in prayerful unity, reciting the Rosary fervently. The procession was made even more meaningful with the presence of the Aspirants of Don Bosco, Nonglakhiat, who prayed along with a music band, adding a harmonious and celebratory tone to the event. Upon arrival at the church, the procession concluded with the adoration of the Blessed Sacrament allowing participants to reflect and offer prayers to Jesus in the Blessed Sacrament. This provided a spiritually enriching conclusion to the day's proceedings, reinforcing the significance of faith.

The Marian procession not only served as a religious event but also strengthened the bonds within the community, fostering a sense of unity and devotion among all participants. It exemplified the deep-rooted faith and cultural traditions cherished by the faithful of Nongpoh and highlighted the importance of spiritual celebrations in their lives. This event demonstrated the vibrant faith and communal spirit of faithful, marking a significant day of worship and fellowship for all who participated.

Sr. Agnes Saio, Nongkhrach

YAC Animation on Spiritual Life

Sr. Agnes Daimary, YAC in-charge animated the YAC of Sesapani village on 2 June 2024. She animated them on the importance of regular reception of the sacraments i.e. Holy Eucharist and Confession, Rosary prayers, the reading of the Word of God daily. The animation also includes how to conduct prayer service, reminders of the duties of the YAC, sharing of their activities and evaluation of the work done. After the animation Sr. Agnes Daimary and the YAC visited two families where they had prayer service conducted by the YAC members. On this day 30 YAC members were present for the animation and prayer service.



Sr. Agnes Daimary, Sesapani

Sacrament of Confirmation Conferred to 95 Faithful

The Sacrament of Confirmation was conferred to the parishioners of Assumption Church, Nongpoh on 2 June 2024 both for the adults and youths. They were instructed and prepared for three full days by fathers, sisters and parish catechists. To prepare and catechise them Rev. Fr. Peter Syiemlieh, the Parish Priest invited Fr. Johny Epen SDB. Sr. Pasqualina Sumer, Sr. Patricia Thongni and the catechists also helped in the sessions. There were 95 catechumens and among them 40 were males and 55 were females. Most of them were young boys and girls. These catechumens received the sacrament of Confirmation from the hands of Rt. Rev. Archbishop Victor Lyngdoh, the Archbishop of Shillong Archdiocese during the solemn celebration of the Holy Mass on 2 June 2024 at 10.00 am on Sunday. Fr. Peter Syiemlieh, the Parish Priest, Fr. Raphael Maiong, Fr. Gabriel Jalong and Fr. Sawlus Kharpran concelebrated the Holy Eucharist along the Archbishop. It was a grace-filled day for everyone who participated in the Holy Mass and especially for the 95 catechumens who were anointed with the power of the Holy Spirit through the Sacrament of Confirmation.



Sr. Pasqualina Sumer, Nongpoh

Archangels School Introduces of Class XI Science Stream



Archangels' School, Kanikalam officially announced the launch of its Class XI science stream on 5 June 2024, signaling a new era of academic excellence. This new initiative aims at catering to the growing demand for quality science education and to prepare students for future careers in science, technology, engineering and mathematics. It was an exciting development for students and parents alike and they welcomed this new initiative with enthusiasm. The inaugural ceremony was attended by distinguished guests and the parents who expressed a sense of community and support. The Principal, Sr. Shally Jose in her address to the assembly

highlighted the importance of this milestone in the institution's history and expressed her optimism about the new programme for the students' academic journey ahead. This initiative ensures that the students are equipped to meet the challenges of tomorrow.

Sr. Challish Sangma, Kannikalam

School Celebrates Academic Excellence: Class X 2023-2024 Felicited

In a heartwarming ceremony held at Archangels School, Kannikalam on 8 June 2024, the school celebrated the success of Class X students, honouring top rank holders who exemplified academic excellence. The event attended by students, parents, and teachers highlighted the school's commitment to nurturing talent and promoting a culture of hard work and perseverance. The inspiring speech of



the Principal, Sr. Shally Jose acknowledged the hard work and dedication of the students. She also emphasized the importance of dedication and resilience in the pursuit of knowledge. She encouraged the students to embrace challenges as opportunities for growth. The excellent result suggested that the legacy of academic achievement of Archangels' School remains strong, inspiring future generations to aim high and work diligently.

Sr. Challish Sangma, Kannikalam

Soul Care Programme for the Youth



On 9 June 2024 Sr. Agnes Daimary animated the youth of Sesapani in Sesapani village church after the Holy Mass. On this occasion Sr. Agnes Daimary, the Youth In-charge, Miss Persbina Sangma, the Youth Adviser, Mr. Silbath Sangma, the Youth President and Mr. Molindra Sangma, the Catechist gave talks to the youth on various topics. The topics cover mainly good moral life, psychological and emotional maturity, sin, the importance of attending Sunday Holy Eucharist, Rosary prayer every day, reading and learning the Word of God daily. There were 33 youths present for the animation.

St. Joseph Convent, Sesapani

Adieu Dear Sisters: Sr. Delphina Mathew and Sr. Gracy Sebastian

Having completed her earthly sojourn Sr. Delphina Mathew left for eternity on 9 June 2024. The province mourns the demise of their beloved sister on this day. The requiem Mass was offered for the departed soul at Ferrando Provincial House, Guwahati on the same day at 6.30 pm presided over by Fr. Anchukandam, the Vicar General of Guwahati Archdiocese. The funeral service was held at MSMHC Cemetery, Mawroh, Shillong on 12 June 2024 at 10.30 am. Fr. Tomson Aerathedatu MSFS, MSFS Provincial of Dibrugarh province, the cousin of Sr. Delphina Mathew was the main celebrant of the funeral Mass. Many priests and religious showed their solidarity to the MSMHC by their presence at the funeral service.

Fr. Tomson Aerathedathu, the cousin of Sr. Delphina Mathew and also MSFS Provincial of Dibrugarh Province was the main celebrant for the Funeral Mass. In his homily Fr. Tomson said: "All the glory of this world has no meaning at our death. Only Jesus is our life and resurrection. Living and believing Jesus is what we need to have always in life." Sr. Mary Thadavanal on behalf of Sr. Christine Mynsong the Superior General in her condolence message stated the outstanding qualities of Sr. Delphina with these words, "She had a unique ability to make complex concepts simple, to ignite curiosity, and to inspire a love for learning. Besides having worked as an educator in schools, she cared for children in boarding houses as well as in the neighbourhood. She loved visiting families, listening to the concerns of people and praying for them." Novice Manjuta read a condolence message on behalf of Novitiate Community in the Provincial House. Mr. Felix the brother of Sr. Delphina Mathew gave a vote of thanks on behalf of the family saying, "The energy, patience, and unwavering commitment you all demonstrated to our sister were profoundly heartwarming. Your wonderful and dedicated service to her will never be forgotten."





With deep sadness the Provincial Community mourned the demise of Sr. Gracy Sebastian on 24 July 2024. There was Requiem Mass at 6:30pm where the priests from nearby communities were present along with Fr. Sebastian the elder brother of Sr. Gracy Sebastian. Fr. Joseph Mathew CMF the Parish Priest of Borjhar Parish was the main celebrant for the requiem mass. The funeral service was held at MSMHC Cemetery, Mawroh, Shillong on 26th July, 2024 at 10:30 am where many priests and sisters were present. Sr. Mary Thadavanal on behalf of Sr. Christine Mynsong the Superior General in her condolence message mentioned: "True to her name, Sr. Gracy Sebastian's life was one of grace and beauty, marked by unwavering commitment to serving others in season and out of season. Her journey of being an amazing nurse and a passionate giver spanned 48 years, during which she touched countless lives with her compassionate and gentle spirit. Her radiant presence extended beyond her professional duties reflecting deep faith and selfless devotion to God's call to minister to his people who were in pain and distress. Whether by the bed side of the sick, or comforting the suffering, or guiding her fellow sisters as animator of the community or in any situation, Sr. Grace was an embodiment of love and service in action."

The entire congregation and the province will always remember Sr. Delphina and Sr. Gracy as a committed MSMHC. May the Lord welcome them in His eternal kingdom in heaven.

The province remains grateful to Sr. Maria Goretti, the Provincial of Shillong province, Mary Immaculate Novitiate, Mawroh and the community of Shelter Home, Mawroh for their assistance in seeing to the various details of the funeral service.

Sr. Veronica Lalthanmawii, Provincial House

Up-gradation of the Secondary School to Higher Secondary Level

Chibragre

St. John's Secondary School, Chibragre was upgraded to Arts Stream Higher Secondary level on 20 June 2024. This event marked a significant milestone in the history of the school as it strives towards educational advancement of the students of the area. It was a fitting day to initiate this undertaking as it was the 46th death anniversary of Venerable Stephen Ferrando. Fr. Bartholomew, the new Parish Priest of Rongkhon Parish was the Chief Guest of the event. The presence of the MC members, parents and students added meaning and joy for this humble beginning.



Sr. Wandaris Lyngkhoi, Chibragre



Tikrikilla

The inaugural ceremony of Class XI Science Stream, a very significant milestone in the history of Kristu Jyoti Secondary School, was held on 20th June 2024, the 46th death anniversary of Venerable Stephen Ferrando. This remarkable event was graced by the presence of Rev. Fr. Mathew Paranjattu, the Principal of Don Bosco Hr. Sec. School and the Parish Priest of Assumption

Parish Tikrikilla, who blessed the classroom and Shri. Pancha Baida, CDPO, MC member and alumni of the school who symbolically cut the ribbon to inaugurate the up-gradation of the school. Nine students who enrolled to class XI were present along with their parents. Students and teachers representative joined the ceremony. In his speech, Shri Pancha Baida spoke about the critical role of science and technology in addressing the global issues like climate change, sustainability and he invited the students to be curious in learning. His words were filled with motivational anecdotes and practical advice for the students. He stressed the importance of hard work, knowledge seeking, and resilience in the face of challenges.

Sr. Reena Philip, Tikrikilla

Inauguration of School Clubs for 2024-2025



In a lively ceremony held at the school auditorium, Archangels school introduced various clubs for the upcoming academic year on 20 June 2024. The purpose is to cater to the diverse interests and opportunities for the students. The event saw the launch of several clubs, such as the Eco club, Literary Club, Maths Club, Science Club, and IT Club. Each club aims to provide a platform for students to explore their interests, develop skills, and collaborate with peers. Students and faculty celebrated the event with series of competitions, showcasing talents and enthusiasm across various disciplines. The school looks forward to a dynamic year ahead which will foster creativity, leadership, and academic excellence through these clubs.

Sr. Challish Sangma, Kannikalam

Provincial's Birthday Celebration

The Community of Ferrando Provincial House, Guwahati rejoiced and thanked God as they celebrate the birthday of Sr. Lisa Chettri, the Provincial Superior on 10 July 2024. The celebration began with a solemn celebration of thanksgiving Holy Mass offered by Fr. Joy Kachappilly SDB, the Rector of Don Bosco College, Azara. The celebration includes the heartfelt birthday wishes with songs, cutting of the birthday cake and delightful cultural programme organized by the Novices. The presence of the invited chaplains Fr. Joy Kachapilly SDB, Rector of Don Bosco College, Fr. Joseph Nellanatt SDB, Fr. Anthony Dhason SDB and Fr. Thomas Lakra from Don Bosco College, Azara; Fr. Roshan Kujur, Rector of SVD House, Fr. Jestin George SVD; Fr. Lawrence Xavier CMF from Borjhar Parish and sisters from Azara and CDI in the cultural programme added joy to the occasion. The joyful and festive atmosphere of the day was concluded with a sumptuous dinner shared by all. It was a fitting close of the day filled with prayer, celebration and gratitude.

Sr. Veronica Lalthanmawii, Ferrando Provincial House



Charism Retreat at Ferrando Provincial House

The charism retreat for Guwahati Province preached by Rev. Sr. Philomena Mathew, the former Superior General was held in Ferrando Provincial House Guwahati from 12 to 19 July 2024 with 84 participants including 6 participants from Shillong Province.

Empowered by the Spirit of God and with great missionary enthusiasm, Sr. Philomena led the sisters to a deeper understanding of the preciousness and beauty of the Charism of the Congregation with which every Missionary Sister is anointed on the day of their Profession. She exhorted the sisters saying, "In our daily life the Salesian Spirit, 'Give me souls, take away the rest' must be the motivating force that helps us forget

ourselves and forgo all that prevents us from saving souls." The sisters were helped to examine their life in the light of the life of Jesus, the Missionary par excellence, Don Bosco, Bishop Ferrando, our Founder and the pioneers. The retreat was a wake-up call to re-direct and re-set their missionary goals. Renewed in the Spirit and with greater determination to serve God and His people with the guidance and assistance of Our Blessed Mother, Mary Help of Christians the retreatants renewed their fervour to proclaim Christ's love to whomever they are sent.

Sr. Perina Khongsit, Provincial House



CDI, Matchakolgre Launches Initiative to Support Domestic Workers

The Centre for Development Initiatives (CDI), Matchakolgre funded by Manos Unidas launches a project titled, "Decent Life beyond Covid-19 for Domestic Workers," to improve the livelihood of domestic workers in Tura City. This project seeks to empower them by providing skill development opportunities and alternative livelihood options, ensuring that they are not only prepared for life equipped with tools for sustained independence and growth. The skill development includes training in areas such as housekeeping, food preparation, tailoring and small scale entrepreneurship. It aims also to ensure that domestic workers have access to essential services such as healthcare, legal aid, and various government entitlements.

More than thousand domestic workers were identified to be the beneficiaries of this project and they have successfully completed the training. Many of them have already started using these skills to earn a stable income by making and selling food items, detergent, and clothes. With regard to health and social empowerments, 766 domestic workers have accessed health care services through health camps and have profited from the distribution of health cards, Aadhar cards, and other entitlements. The project also provides counselling, support groups, and legal aid. This has empowered domestic workers to navigate difficult situations more effectively and build emotional resilience.

The project has already made measurable impact on the lives of many domestic workers in Tura City. Through skill development, increased access to social services and financial support, these workers are now better equipped to improve their economic standing and overall quality of life.

Sr. Marietta Joseph, Matchakolgre



Archbishop John Moolachira Visited Ferrando Provincial House

On 6 March 2024, Ferrando Provincial House, Guwahati was blessed with the valuable and gracious pastoral visit of Archbishop John Moolachira of Guwahati Archdiocese. On this day the Holy Eucharist was solemnised by the Archbishop where all the members of the Provincial house participated. In his homily, the Archbishop exhorted the community members with the readings of the day's gospel. He spoke about the importance of the Spirit of the Commandments of God and that the following of rules and regulations helps one for righteous living and keeps one closer to God. He said that real greatness is not in doing away with the laws but rather in wisely understanding their spirit and fulfilling them. After the Holy Mass the sisters and the novices gave him a warm welcome and had a lively interaction with the Archbishop. It was a grace filled day for the community.



Novices Theresia Shadap & Albina Barla

Novitiate Celebrated the Feast of St. Joseph



The entire month of March was dedicated to St. Joseph. The novices took the privilege to show their love and devotion to St. Joseph in different ways through novenas, spiritual practices both personal, community and congregational to celebrate the feast of St. Joseph in a solemn manner. One of the practices they had was preparing models of the virtues and life of St. Joseph in groups. Thus, on 19 March 2024, the Ferrando Novitiate celebrated the feast of St. Joseph, one of the patron saints of the congregation with much love. The celebration began with well organised prayer service

on the previous day. The feast of St. Joseph was celebrated with organised Morning Prayer, solemn celebration of the Holy Eucharistic, family meal and cultural programme. Everyone had a good time and it was indeed a day of spiritual blessings from St. Joseph.

Novices Theresia Shadap & Albina Barla

With the Lord

On 8 April 2024, the novices began their spiritual retreat for the preparation of their self-giving to God which was guided by Rev. Fr. James Mathew SDB of Kolkata Province. The retreat set space for the Novices to discover the deeper meaning of their vocation to holiness and strengthened their spiritual life to follow Christ closely taking Mother Mary as their perfect example. It increased their trust in God and they have learnt to see that all things are possible with God. The blessed days were filled with the grace where they experience God's immense love, mercy and healing. The retreat was concluded on 19 April 2024 with a solemn thanksgiving Mass. The retreat was a moment of spiritual nourishment for all the novices.



Novice Amisha Inghih

Lent and Easter Celebrated with Much Love



The Novices spent Lent, the holy season of grace with much love and joy partaking in the suffering of Jesus in every little way possible. Each Novice had their own personal spiritual practices during this season praying for the whole world and for various other intentions, which helped them in their spiritual growth and deepened their love for the suffering Christ. They were given spiritual exercises through conferences, prayer, guidance and reflections by the formators to journey through the season of Lent most meaningfully. On Holy Thursday, where they commemorate the Last Supper and the Lord's agony in the garden of Gethsemane, they had the solemn celebrations of the Holy Mass after which they kept vigil with the Lord the whole night. They participated in the Good Friday Service and

Easter vigil along with the parishioners of St. Claret parish, Borjhar where they led the Way of the Cross with enactment of the Stations of the Cross. They also led the choir for the Easter Vigil Mass in the parish.

Novices Phylachon Kashung & Rwisumwi Narzary

Easter Picnic

22 April 2024 was a day of relaxation for the Ferrando Novitiate community. The novices, along with Sr. Mary Sangma, the Novice Mistress and Sr. Nadasilian Wahlang, the Assistant went for picnic to Shillong and visited Ferrando Speech and Hearing centre, Siloam, Bethel, Grace Villa and Umroi Community. They experienced the warm welcome and generosity of the Sisters of all these communities. They felt it a privilege to meet the beautiful differently-able children. The Bible Valley in Siloam gave them knowledge and insights and broadened their understanding of the Word of God.



Novices Phylachon Kashung & Rwisumwi Narzary

The Post X General Chapter Animation for Novices



From 8 to 11 May 2024 the post 10th General Chapter animation was held for the 2nd year novices of Ferrando Province, Guwahati with the purpose of helping them to delve deeper into the charism, spirit and spirituality of the congregation. The insightful animation was given by Sr. Liza Chettri, the Provincial Superior of Ferrando Province. The opening animation message was stated from the vision statement of the General Chapter which quoted, "Deeply rooted in Christ and His word, we the missionary sisters of Mary Help of Christians go in haste to proclaim Christ, responding creatively to the challenges of the times, in fidelity to our Founding Charism and Spirit accompanied by Mary our Mother and Ven. Stephen Ferrando our father and founder." The topics dealt with were: Rootedness in Christ and His Word, Go in haste to proclaim, Creative fidelity, Media world and Vocational challenges. It was a very enriching programme for the Novices.

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Novice Helena Baite

Canonical Visitation of Our Higher Superiors

The Ferrando Provincial House community was blessed to be visited by Sr. Sisily Cherian, the General Councillor for Formation and Sr. Christine Mynsong, the Superior General this year. It was a moment of grace and blessing for the community. Sr. Sisily Cherian the General Councillor for Formation made her maiden visit as the newly elected General Councillor for Formation to the Ferrando Novitiate community from 29 to 24 May 2024. And Sr. Christine Mynsong, the Superior General made her Canonical visitation from 17 to 21 August. They were cordially welcomed and received with much joy and enthusiasm. The presence of the superiors with their enriching animations, guidance, personal meetings and conferences gave the novices right orientation to their preparation for their religious commitment that they will be making very soon. As a gesture of gratitude and acknowledgement of their presence and canonical visitation, the novices kept a "Thanksgiving Day" at the end of their visitation with a meaningful prayer services, a cultural programme and a family meal with all the inmates of the community.

Novices Bandarishisha Thongni & Larisha Rajee



Sunday Village Apostolate

The novices had their first Sunday apostolate in Garo Nongthymai village accompanied by Sr. Mary Sangma, the Novice Mistress. It was a day of communion, sharing love and joyful greetings with the people of the village. The Novices participated in the celebration of the feast of the village Church which is named after Mary Help of Christians. The celebration includes solemn Holy Eucharist and cultural programme organised by the youth. The novices also presented an item along with the youth. Through their visit they had the opportunity to proclaim Christ through their songs and music. They also spoke about the congregation and its mission. After the celebration the novices visited some families and prayed for them.

Novice Rangmiba N. Marak



46th Death Anniversary of Venerable Stephen Ferrando

On the 20th of June Ferrando Provincial House community observed the 46th death anniversary of our beloved Founder Venerable Stephen Ferrando with prayers and presentation of opera in honour of Founder. The day was very dear to them because the province as well as the community is name after him. The preparation for the feast began with the novena that was conducted by the novitiate community in a creative way. On the eve of the feast the sisters and novices were engaged in the preparation for the event. In the evening, they had a well organised prayer services conducted by the novices. On this day flags and Founders thoughts were displayed on the veranda and a solemn morning prayer was conducted in honour of our Founder. Fr. Roshan, the new Rector of the SVD house

● *Novitiate Tidings*

celebrated the Holy Mass where the inmates prayed for the province and the community of Provincial House. After the Mass the Novices honoured Founder with a floral tribute which was followed by festal greetings and songs. After this the community shared a sumptuous meal together. In the evening the novices staged an opera on the theme "Hearts on Fire and Feet on the Move" in honour of our founder. May our founder live on and continue to intercede for us from above.



Novice Gracia Khongsya

The Beautiful Month of May with Mary



The beautiful month of May dear to all MSMHC is a month fully dedicated to our Blessed Mother Mary Help of Christians. The month was spent meaningfully in the company of our Blessed Mother with various little acts of love and devotion expressed in creative ways. The Novices showed gestures of tender love and filial devotion to the Blessed Mother by offering flowers, spiritual bouquets made personally, short skits on the Blessed Mother and decorating Mother Mary in traditional attires group wise. These practices are means to draw closer to our beloved Mother Mary. The 24th May, the feast of Mary Help of Christians and the

patroness of our congregation was a day of love, gratitude and devotion for all in the community. It was celebrated in a very solemn manner. The month of May was indeed a month of great blessing.

Novice Listeris Lyngkhohi

Relic of St. Therese of the Child Jesus Arrived at Provincial House

In a deeply moving event, the relics of St. Therese of Lisieux arrived at the Ferrando Provincial House, Guwahati on 18 June 2024 drawing together Sisters, Novices and the local community in a spirit of prayer and reflection. The evening began with a solemn procession as the relics were brought into the chapel, accompanied by hymns and heartfelt prayers. Sisters and Novices gathered for a night vigil, embracing the opportunity to seek the intercession of the beloved saint known for her "Little Way" of simplicity and love.

Throughout the night, participants engaged in contemplative prayer and shared reflections on the profound impact St. Therese has had on their spiritual journeys. The Sisters and Novices are grateful for the chance to draw closer to the saint who inspired countless individuals through her life example and unwavering faith. As the relics continues its journey, the sisters and novices remain grateful for this unique moment of spiritual enrichment through the instrumentality of St. Therese.

Sr. Mary Sangma



CLASSES AND INTERACTIVE SESSIONS

History of the MSMHC Congregation

The Novices of Ferrando Novitiate, Guwahati were privileged to have weeklong sessions taken by Sr. Jane Mary Thadathil on the History of the MSMHC Congregation based on the book, "Go Proclaim," from 24 to 29 April 2024. The classes were very insightful as they delve into the beginnings of the congregation, founder, and the pioneers, great contribution made by the spiritual directors and the FMA sisters and our early missionary sisters.



Stages of Human Development and Psycho Sexual and Spiritual Integration



Sr. Mary Thadavanal, the Assistant General, took classes for the novices on "Stages of human development and psycho sexual and spiritual integration" from 4 to 8 May 2024. The sessions were very helpful for the Novices to have better understanding on the meaning and beauty of human beings, woven as both human and divine. In order to become spiritually integrated persons we have to make our body, and mind good friend of the soul and this enables the soul to remain connected with God.

Charism, Spirit, and Spirituality and Founder

Sessions on Charism, Spirit, and Spirituality and Founder were taken by Sr. Philomena Mathew, the Former Mother General from 24 to 29 June 2024. The sessions led the novices to have a deeper knowledge of Venerable Bishop Stephen Ferrando and a solid and closer look into the charism, spirit and spirituality of our congregation.



Pastoral Counselling



The novices also had the privilege of attending the sessions taken by Mother Christine Mynsong, the Superior General from 2 to 5 July 2024, on "Pastoral Counselling." As the novices will soon venture to communities for their mission experience, the sessions were worth and enriching. It taught them how to carry out the apostolate of family visits and village missionary tours. She also instructed the novices on the deeper understanding of the Sacraments and how they can become effective instruments in helping the people

for the reception of the Sacraments. Few sessions on counselling skills were also given which was very interactive, practical and very useful in pastoral ministry.



Synoptic Gospels

Sessions on the Synoptic Gospels were taken by Fr. Joy Kachapaly SBD, Rector of Don Bosco College, Azara. The novices benefited greatly from the classes as the gospels give testimony to the existence and divinity of Jesus Christ.

Novices Banisha Jyrwa & Manjusha Kujur

Heavenly Mother

Long before the world began
The name Mary God has planned,
To be the Mother of Jesus and us all,
To lead and intercede for us all,
O Mary we honour you today
Lead us to Jesus your son we pray:
Help us to love God dear mother.

Novice Bilinda Lyngdoh



Stephen Ferrando, a Beacon of Light

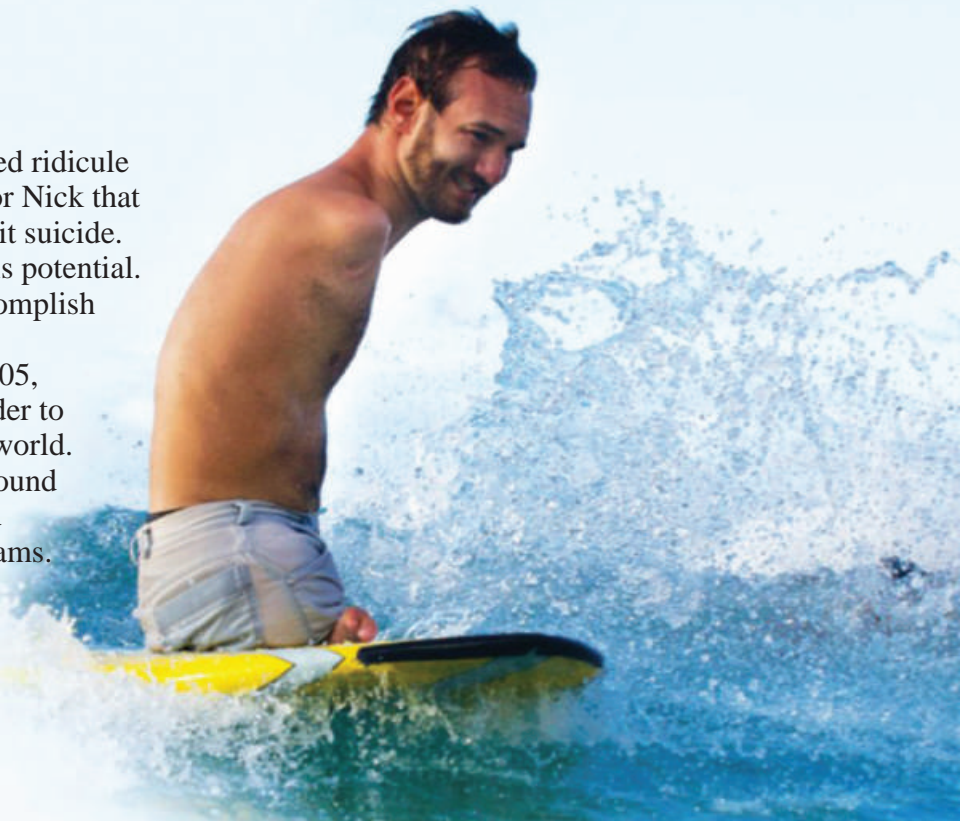
No one can tell
No one can say,
How blessed are we,
To honour you Stephen Ferrando.
You are a bearer of light
You brought forth light in the night.
Stephen Ferrando a beacon of light
with passion,
Like a spark of fire to the nations
You shine in every part and corners
of the world,
With much zeal for souls,
you sow God's word.

Novice Angela Thangneichong



Nick Vujicic

Vujicic was born in 1982 with no limbs.
He often recalls that as a child he suffered ridicule
and discrimination. Things got so bad for Nick that
at one point he even attempted to commit suicide.
With time, however, he learned to see his potential.
Nick taught himself to improvise to accomplish
several skills, including playing musical
instruments and using a computer. In 2005,
Nick founded Life Without Limbs in order to
spread hope and inspiration around the world.
He currently gives motivational talks around
the world, has written several books and
is a regular on talk shows and TV programs.
Nick's fame spiked after starring in the
touching short film *The Butterfly Circus* back in 2009.



Summary of Pope Francis's Address on Artificial Intelligence at the G7 Session

Pope Francis delivered a comprehensive address to the G7 leaders on the effects of artificial intelligence (AI) on humanity's future at Borgo Egnazia, Puglia (Italy) on 14 June, 2024. He described that AI is seen as a powerful cognitive-industrial revolution that will create a new social system with complex transformations. The speech reflects the Catholic Church's perspective on AI, emphasizing ethical considerations, human dignity, and the need for responsible development and use of this technology.

AI as a Tool of Human Creativity

The Pope begins by framing AI as a product of human creativity, which he attributes to God-given potential. He describes AI as "an exciting and fearsome tool," acknowledging both its promises and perils. This duality, he notes, leads to enthusiasm about potential advancements and fear about inherent dangers.

The Techno-Human Condition

Pope Francis places AI within the broader context of human technological development. He argues that our ability to create tools is a sign of our openness to the world and our orientation towards the future. However, he cautions that like all tools, AI can be used for good or bad, depending on human choices.

Human Control and Decision-Making

A key point in the address is the insistence on maintaining human control over critical decisions. The Pope emphasizes that while machines can make algorithmic choices, true decision-making - especially in matters of life and death - must remain in human hands. He specifically calls for a ban on lethal autonomous weapons, insisting that "No machine should ever choose to take the life of a human being."

Risks in Education and Information

The Pope expresses concern about the overuse of AI in education, particularly in writing assignments. He argues that while AI can compile existing information attractively, it doesn't generate new analyses or concepts. This, he warns, could undermine authentic reflection in the educational process and potentially reinforce existing biases or fake news.

Human Dignity and Ethical Considerations

A central theme of the address is the importance of maintaining human dignity in the face of technological advancement. The Pope warns of a potential "eclipse" in the understanding of human dignity and value, precisely at a time when AI systems are increasingly analyzing human behavior. He emphasizes that no technological innovation is neutral, always representing a form of social order and power arrangement. Therefore, AI must have an "ethical inspiration" aimed at the good of every human being.

The Crucial Role of Politics

The Pope strongly emphasizes the necessity of political action in guiding the development and use of AI. He calls for "healthy politics" capable of overseeing fundamental reforms and renewals needed to address the challenges posed by AI.



He argues that only through political engagement involving diverse sectors and skills can we direct the energy of AI along new channels that don't stifle human creativity and ideals of progress.

Advantages of AI in Today's World

Enhanced Efficiency: AI can perform tasks faster and more accurately than humans in many areas, improving productivity across industries.

Medical Advancements: AI assists in disease diagnosis, drug discovery, and personalized treatment plans, potentially saving lives and improving healthcare outcomes.

Scientific Research: AI accelerates scientific discoveries by analyzing vast amounts of data and identifying patterns humans might miss.

Transportation and Safety: Self-driving vehicles and AI-powered traffic management systems can potentially reduce accidents and improve transportation efficiency.

Environmental Protection: AI helps in monitoring and predicting environmental changes, aiding in conservation efforts and climate change mitigation.

Personalized Education: AI can tailor learning experiences to individual students' needs, potentially improving educational outcomes.

Language Translation: AI-powered translation tools break down language barriers, facilitating global communication.

Financial Services: AI improves fraud detection, risk assessment, and personalized financial advice.

Accessibility: AI-powered tools assist people with disabilities, improving their quality of life and independence.

Disadvantages of AI

Job Displacement: AI automation may lead to significant job losses across various sectors, potentially increasing unemployment and economic inequality.

Privacy Concerns: AI systems often require vast amounts of personal data, raising concerns about data privacy and potential misuse.

Bias and Discrimination: AI systems can perpetuate or amplify existing biases in their training data, leading to unfair or discriminatory outcomes.

Security Risks: AI systems can be vulnerable to hacking or manipulation, potentially compromising critical infrastructure or personal information.

Lack of Transparency: Many AI systems, especially deep learning models, operate as "black boxes," making it difficult to understand or explain their decision-making processes.

Dependence and Deskilling: Over-reliance on AI could lead to a loss of human skills and critical thinking abilities.

Ethical Dilemmas: AI in autonomous vehicles or weapons systems raises complex ethical questions about decision-making and responsibility.

Environmental Impact: Training large AI models and running AI systems can consume significant energy, contributing to environmental concerns.

Social Manipulation: AI-powered algorithms on social media and content platforms can influence public opinion and behavior, raising concerns about democracy and free will.

Legal and Regulatory Challenges: The rapid advancement of AI outpaces current legal and regulatory frameworks, creating potential governance gaps.

Emotional and Social Impact: Increased interaction with AI rather than humans could potentially affect social skills and emotional intelligence, especially in younger generations.

While AI offers numerous benefits and opportunities for advancement across various fields, it also presents significant challenges and risks. Addressing these issues requires careful consideration, ethical guidelines, and proactive policy-making to ensure AI development aligns with human value. Pope Francis reiterating the importance of making good use of AI, emphasized that AI is fundamentally a tool, and its benefits or harm depend on its use. The Pope's addressed provided a nuanced view of AI, acknowledging its potential while warning of its risks. He called for ethical development, human-centred use, and political engagement to ensure that AI serves as a tool for human flourishing rather than a threat to human dignity and decision-making autonomy. However, he noted that it is a unique tool due to its ability to adapt autonomously and make independent choices to achieve assigned goals. This raises concerns about maintaining human control over decision-making, especially in critical areas affecting human life and dignity.

Sr. Veronica Lalthanmawii, Provincial House

Andrea Bocelli

Tenor, musician, writer, and musical producer of Italian origin, Andrea Bocelli has had an exceptional music career and has sold more than 75 million records. Bocelli was born with congenital glaucoma that made him partially blind from the beginning of his life and became completely blind at the age of 12. Identifying his musical talent, Bocelli's parents arranged for him to take music lessons from a young age. He studied the piano until the age of six despite his visual difficulties. Endowed with a special spirit, he decided to focus entirely on music, specifically on singing. Bocelli became an internationally acclaimed vocalist. He is one of the few artists ever that brought classical music to the top of international pop charts. Bocelli has received numerous international awards and even has a beach named after him on the Adriatic coast.



Bethany Hamilton

In 2003, Bethany survived a shark attack in which she lost her arm. Bethany didn't let her injury keep her down. Already an avid surfer, Bethany was back in the water within three to four weeks of the attack. She turned pro and has competed internationally ever since, scoring six first-place trophies and several other prestigious sports awards over the past fifteen years. In addition to competing, Bethany runs courses on motivation and life transformation-based and powered on her own experiences and inspirational story.



Helen Keller

Even though she became deaf and blind at the age of 19 months due to an unknown illness, this didn't stop Helen Keller from becoming one of the most famous personalities with disabilities. After she was taught to express herself by a teacher, Anne Sullivan, she went on to become the first graduate with deaf-blindness in the world. Thereafter, she spent her time traveling the globe and campaigning for labor and women's rights, socialism and more. Her autobiography, *The Story of My Life*, is still a classic, even today.



Alex Zanardi

After competing in Formula 1 for several years, an accident led to Alex having both his legs amputated in 2001. However, three years later, he was back behind the wheel, driving for BMW, all thanks to some prosthesis. Following four World Touring Car Championship wins, Alex shifted his focus to cycling, which resulted in three Paralympic gold medals.



Sudha Chandran

TV star and Bollywood dancer, Sudha Chandran, unfortunately lost her leg to an infection in 1981 following a car crash. With the help of a prosthetic foot, Sudha managed to teach herself to dance and became one of the most renowned dancers in the world. Mayuri, a popular Bollywood film, was made about her life.





i care

I care
That you stare
And pull that weird face
As you pass in the park
With a look of distaste.

I care
That you stare
When I jump up and down
Look me right in the eye
Your face with a frown.

I care
That you stare
When I scream and I shout
You're wondering what
All the noise is about.

I care
That you stare
When I rock to and fro
Your face says it all
You wish I would go
I can't live in your world
Because I live in mine
remember I'm happy.

My world is fine
I will not change
The things that I do
If you try to make me
It's just to please you
I have no prejudice
I show no hate.

I don't stand and judge you
My world is great
When I am out with carer
She does the same
Jumps and down with me
She has no shame.

She rocks to and fro
And makes the same sound
She's joined me in my world
A way in she has found.

So
If you see us
When we are out having fun
You may not agree but
It's how my life's done
I'm happy in my life
Join in if you dare.

If not just keep walking
I CARE THAT YOU STARE.

KAREN BESWICK